



35th

Round Rarotonga Road Race

20-28 SEPTEMBER 2012



Calder & Lawson *Marathon Tours*

Contact Wendy Harrison P: 0800 225 337 E: marathontours@hotmail.co.nz • www.marathontours.co.nz

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OFF FOR A RUN...

...around Rarotonga!

The Round Rarotonga Road Race is part of a weeklong running festival that includes fun runs, relays, a cross island rugged terrain run, and the main event, a road race around the edge of the island. The events appeal to serious runners, casual runners, and everyone in between. The week is packed with fun and excitement and it's impossible not to have a fantastic and memorable time.



top tip

We recommend you book early to avoid disappointment, as Round Rarotonga Round Race 2012 is during the school holidays.

EXPERIENCE RAROTONGA

A holiday on Rarotonga, which is the largest island in the Cook Islands, is a relaxing way to enjoy dozens of different experiences. Because this beautiful island is only 32 kilometres in circumference, it's very easy to hop on or off the local bus, sample the attractions at various resorts, swim on a variety of beaches or try the fare at a different restaurant every night. Many visitors hire a scooter for their stay and turn the whole island into one giant resort, snorkelling at deserted coves, visiting the village markets and even exploring the mountainous, forest-clad interior.

There are also a wide range of tours that you can join, with the most popular being cultural excursions and guided treks into the island interior to reward yourself with breathtaking views and the beauty of isolated jungle waterfalls. Exploring Rarotonga's crystal clear encircling lagoon also offers enough diversions to fill a whole holiday without ever leaving the water. Spectacular corals, canyons and wrecks are waiting for scuba divers and snorkelers, with visibility seldom less than 30 metres and sometimes up to 70 metres. The warm waters teem with fish and you could also encounter moray eels, turtles, rays, whales and reef sharks. There are a number of dive operators on Rarotonga, each offer a range of dives for experienced as well as novice divers. Rarotonga's warm, sheltered waters could be the best place in the world to learn to dive if it's your first time.

If you are visiting Rarotonga with children, you'll be delighted to discover that the Cook Islanders love children and that many of the tours available make special provision for entertaining the kids. The recently upgraded Whale Centre also features terrariums with coconut crabs, lizards and centipedes, and aquariums displaying fish from the island's freshwater streams. Most of the island's restaurants and cafes are happy to offer special menus for children, and child favourites like hamburgers are available at many of the beachside bars.



top tip

Temperatures are pleasant year round, but the best time is the dry season (May-October) as it is less humid, slightly cooler with air temperatures ranging from 22-24°C and water temperatures from 24-28°C.



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PROGRAMME OVERVIEW

THURSDAY 20 SEPTEMBER

10:30am Depart Auckland flying Air New Zealand flight NZ046

WEDNESDAY 19 SEPTEMBER

4:15pm Arrive Rarotonga (you'll cross the International Date Line during your flight to Rarotonga)

On arrival in Rarotonga you'll be met and provided with a transfer to the Edgewater Resort & Spa.

THURSDAY 20 SEPTEMBER

Today is the 5km fun run where everyone is encouraged to dress up and have fun! There will be a full briefing of the week's programme before the fun run kicks off. Briefing will take place at 5pm and Race Packs will be available after the Fun Run, venue to be confirmed.

FRIDAY 21 SEPTEMBER

This is a free day – take the opportunity to discover more of Rarotonga.

SATURDAY 22 SEPTEMBER

Race day – the 31km race will start opposite the Cook Islands Tourism office and information centre in Avarua at 5:30am and the 10km race will start in Muri at 7:30am.

Complimentary buses are available to pick up participants in the morning to get you to the race by 5:30am. Race numbers and final registration checks will be conducted from the corporate marquee prior to the race. Refreshments and light snacks will be supplied in the corporate marquee for all runners and supporters after the race.

SUNDAY 23 SEPTEMBER

This is a day of rest in the Cook Islands with limited activities available. We recommend that everyone attend a Sunday church service where you can enjoy the distinctive traditional hymns of the Cook Islands. The Official Prizegiving Ceremony and Dinner will kick off at 6pm. See registration forms for official categories.

MONDAY 24 SEPTEMBER

The local Hash House Harriers scheduled birthday run will get underway at 5:30pm. There will be a theme – the louder the better – everyone can join in!

TUESDAY 25 SEPTEMBER

The Round the Rock Relay will start at 4pm with each team having 5 or 10 members each. Again this is a fun event and all teams are encouraged to adopt a theme. There will also be sausage sizzle BBQ and non alcoholic drinks will be served after the event.

WEDNESDAY 26 SEPTEMBER

The Nutters Cross Island Run starts at 4:30pm from the site of the Royal Takitumu Hilton Resort and heads over mountain ridges, across rugged valleys and riverbeds down to the Avatiu coastline. This run is not for the fainthearted and with the record still unbeaten at 45 minutes, promises to be an exciting challenge. If you think you can beat it, give it a go. All participants are asked to be at the market by 4pm – A complimentary bus will transport everyone to the start line.

THURSDAY 27 SEPTEMBER

Today you'll have the morning at leisure before being provided with a transfer to Rarotonga International Airport.

5:30pm Depart Rarotonga flying Air New Zealand flight NZ045

FRIDAY 28 SEPTEMBER

8:50pm Arrive Auckland (you'll cross the International Date Line during your flight back to Auckland)

top tip

An island night is a must in the Cooks! I love the atmosphere and traditional dancing and costumes. Island night shows are on at a number of resorts.



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TRAVEL PACKAGE

PACKAGE COST

NZD\$1,699.00 per person share twin/double
(single supplement upon application)

DATES 20-28 September 2012

PACKAGE INCLUSIONS

- Return 'Seat + Bag' airfares from Auckland flying Air New Zealand
- Mandatory insurance levies, airport taxes, and fuel surcharges*
- Return airport transfers to the Edgewater Resort & Spa
- 8 nights' accommodation at the Edgewater Resort & Spa in a garden room
- Daily tropical breakfast
- Applicable VAT/taxes

*Note: The Cook Islands International Departure Tax is levied on all passengers leaving Rarotonga by air and is NZD55.00 for persons aged over 12 years of age and NZD15.00 for children aged 2 up to/including 12 years of age.

REGISTRATION COST

INTERNATIONAL REGISTRATION – NZD190.00 per person

- race entry
- finishing medal
- t-shirt
- finish photo
- prizegiving dinner

INTERNATIONAL SUPPORTERS REGISTRATION – NZD95.00 per person

- t-shirt
- prizegiving dinner
- voucher booklet

AIR NEW ZEALAND'S 'SEAT + BAG'

- You will receive a seat, a carry-on bag (up to 7kgs) and one checked bag (up to 23kgs).
- Gate-to-gate, seat-back entertainment including TV shows, music and games through the in-flight entertainment system are available in-flight. If you decide you'd like to watch a movie, you can pay \$10 with your credit card to view a blockbuster movie.
- Complimentary tea, coffee and water will be offered during the flight
- Snacks or drinks from the in-flight Bites menu can be purchased using your credit card and will be delivered to your seat

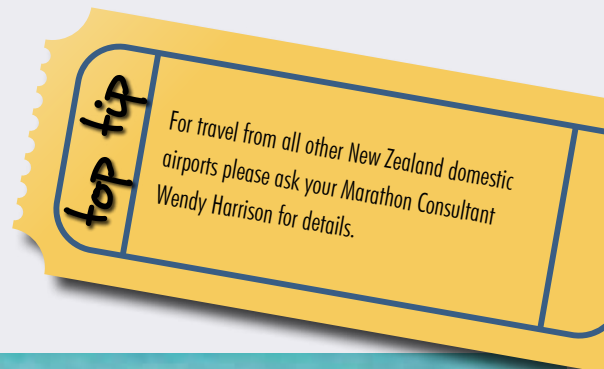
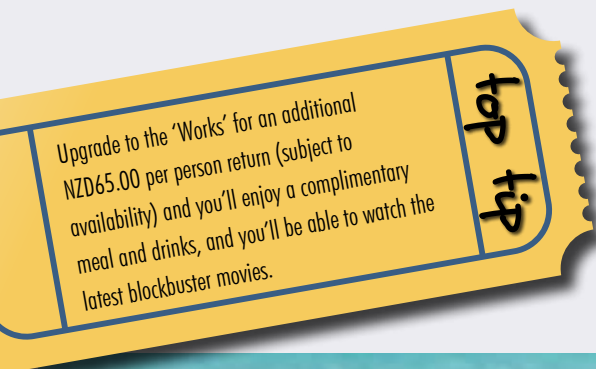
ACCOMMODATION

The Edgewater Resort & Spa offers a wide range of hotel rooms from Garden Rooms to Lagoon View to Beachfront Deluxe Suites. They also have three bedroom villas you can rent which are like a home away from home, with three double or twin bedrooms, two bathrooms, large lounge and kitchen, PLUS you still have all of the facilities of the resort and complimentary Tropical Breakfast daily in the restaurant.

Would you like to upgrade your accommodation?

Garden Superior	Additional NZD125.00 per person (share twin/double)
Lagoon View	Additional NZD269.00 per person (share twin/double)
Beachfront Deluxe	Additional NZD462.00 per person (share twin/double)
VIP Deluxe	Additional NZD755.00 per person (share twin/double)

(Package prices to stay in a 3 Bedroom Garden Villa or 3 Bedroom Beachfront Villa are available upon request)





PASSPORTS AND VISAS

You will need a current passport to travel overseas. If you are travelling on a New Zealand Passport you can enter the Cook Islands visa free for up to 31 days, and your passport must be valid at least 7 days before your stay. If you are not travelling on a New Zealand Passport you will require

at least 6 months or more after the due date upon which you are scheduled to arrive back in New Zealand, and also a valid re-entry visa. It is your responsibility to ensure you have the correct documentation in place.

TRAVEL INSURANCE

We strongly recommend you purchase full comprehensive travel insurance that provides for the cost of cancellation of your booking should you be unable to travel for any unforeseen circumstances. This policy offers comprehensive cover for medical treatment, curtailment, travel delay, loss of cash and personal belongings. We recommend that a travel insurance policy should be taken out as soon as you have paid your initial deposit. Should you wish to arrange your own travel insurance you may do so and advise us that you are covered. Please be aware that travel

insurance offered by credit card companies does not always match the level of cover offered by our preferred policy. In particular, check the medical cover and the emergency assistance offered. Please ask for a copy of our travel insurance policy so that you can compare the cover with other policies offered.

Price guide from NZD55.00 per person.

TERMS AND CONDITIONS

DEPOSITS — to secure a place on one of our packages, a non-refundable deposit of NZD225.00 per person is required at the time of booking, and must be received along with your completed registration form.

PRICES — all prices in this brochure are correct as at 01 January 2012 and are shown in New Zealand dollars, and are based on payment by cash or cheque. Prices are subject to change at any time until payment is received in full.

CANCELLATIONS AND REFUNDS — all cancellations must be advised in writing. Please note, if you cancel part or all of your booking, you may incur cancellation charges from our suppliers. If you have any doubts as to the potential cost of amendment or cancellation fees, please check with our marathon consultant Wendy Harrison.

AMENDMENTS — if you wish to amend your booking after you have paid your deposit, this will incur an amendment fee of NZ\$50 per amendment per person, along with any fees charged by airlines and/or other suppliers.

UNUSED SERVICES — refunds will not be provided if due to illness or personal choice you do not utilise part or all of your chosen package.

INDIVIDUALISED ITINERARIES — we are more than happy to arrange individual itineraries upon request. We can tailor make an itinerary to meet your needs, whether they be for business or pleasure. You can depart from New Zealand earlier, or extend your stay — our marathon consultant Wendy Harrison will be pleased to help.

CHANGES — as airlines reserve the right to alter schedules, Calder & Lawson Marathon Tours cannot be held responsible when confirmed departures are subsequently changed. Once issued,

airline tickets are non-refundable and non-transferable. Upgrades are available at an additional cost — subject to availability.

TAXES, SURCHARGES, AND LEVIES — all taxes and levies associated with the airfare ie. airport departure taxes and government security levies are included in the package price provided, with the exception of Cook Island International Departure Tax.

DOMESTIC CONNECTIONS — please contact Wendy Harrison if you require assistance with add-on fares from provincial New Zealand points. See contact details below.

UPGRADE YOUR FLIGHTS — if you'd like to upgrade to the 'Works' or 'Works Deluxe', please discuss your requirements with Wendy Harrison. Bookings will be subject to availability. See contact details below.

GENERAL INFORMATION AND CONDITIONS, ACCURACY — this brochure is current as at 01 January 2012. All reasonable care has been taken to ensure the accuracy of this brochure at the time of printing, but services offered could be subject to availability.

TWIN SHARING — if you are travelling alone, but wish to share a twin room please indicate this on the booking form. We will do everything possible to find a suitable roommate for you. However, if a suitable match cannot be found then the single room supplement will apply. While we do our best to satisfy your twin share request, we do not accept liability for any extra costs if the room sharing arrangements do not work out to your satisfaction.

HOTEL CREDIT — credit card imprints may be required by hotels providing telephone, mini-bar, in-room movies, laundry and other facilities and services that can be charged to guest rooms. These will be required by the hotel at the time of check-in.



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